

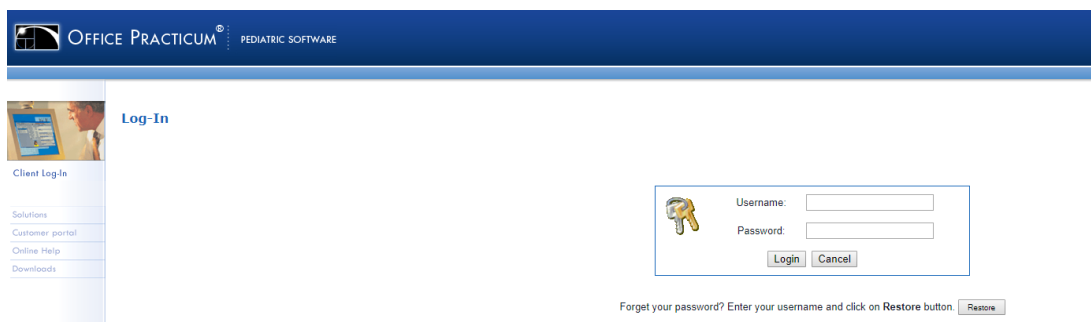
Important Content Update Message

We are currently updating the OP Help Center content for the release of OP 20. OP 20 (official version 20.0.x) is the certified, 2015 Edition, version of the Office Practicum software. This is displayed in your software (**Help tab > About**) and in the Help Center tab labeled Version 20.0. We appreciate your patience as we continue to update all of our content.

Downloading the OP Backup Program

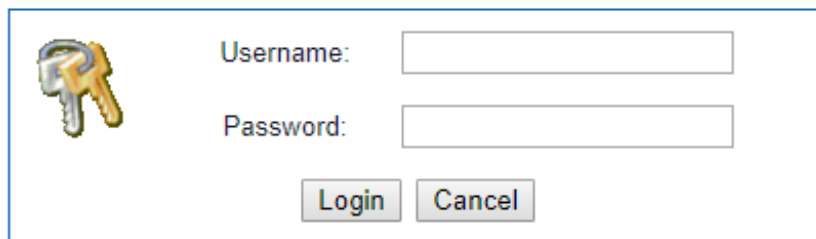
Last Modified on 12/23/2019 2:39 pm EST

1. Opening a web browser, navigate to www.opmed.net.



The screenshot shows the Office Practicum login page. At the top, there is a blue header with the Office Practicum logo and the text "OFFICE PRACTICUM PEDIATRIC SOFTWARE". Below the header, there is a "Log-In" section. On the left, there is a sidebar menu with options: "Client Log-In", "Solutions", "Customer portal", "Online Help", and "Downloads". The main content area features a login form with a key icon, "Username:" and "Password:" labels, and "Login" and "Cancel" buttons. Below the form, there is a link: "Forgot your password? Enter your username and click on Restore button." with a "Restore" button.

2. Enter your practice **Username** and **Password**.



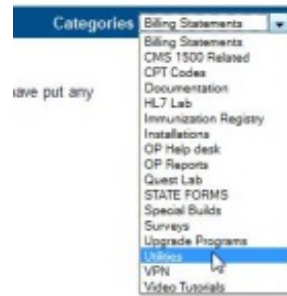
A close-up of the login form showing the "Username:" and "Password:" labels, the key icon, and the "Login" and "Cancel" buttons.

Forgot your password? Enter your username and click on **Restore** button. [Restore](#)



Note: If you do not know your Login Information reach out to your provider.

3. Once logged in, select **Utilities** from the Categories drop-down menu.



4. We will be downloading the OP Backup Program, click the **Download** button and save the file to your desktop.



Installation is covered in [Installing the OP Backup Program](#).